



## *Sun Protection Policy*

At Apple Blossom nursery we take sun protection seriously, because of the effects it can have on the children's skin. Too much ultraviolet (UV) radiation exposure can cause sunburnt, skin and eye damage and skin cancer. UV damage accumulated during childhood is strongly associated to an increased risk of skin cancer later in life. We ask that parent/careers work together with Apple Blossom nursery to ensure the safety of your child's skin by taking sun protection measures.

- Parents/carers of children attending the setting must provide us with suncream which is in date and a minimum factor of 30, labelled inside the child's bag.
- Parents are asked to give written permission for sun cream to be applied to their children, if you do not require written permission then your child must be wearing suncream before attending the setting and for a full day at the setting be wearing the 8-hour protection sun cream to ensure the safety of the child's skin.
- The children must keep a sun hat in their bag, labelled, ready to use when required.
- Parent/carers to provide a labelled water bottle where we can refill the bottle when required to keep your child hydrated.
- Parent/careers to advise any member of Apple Blossom nursery with any medical attention needed to be extra cautious. For example: any medication your child is on where they should not be in the sun at any time.

### **At Apple Blossom to ensure the safety from the sun, we will:**

- Ensure that the children are involved in discussion about the safety of sun protection.
- All staff will be educated in the importance of sun protection and the risks that involve when protection is not carried out on both them and the children.
- Parents/carers will be informed about our policy.
- The nursery garden will have shade provided so that they can still enjoy the outside area from direct sun light.
- Water will always be available to children throughout their time at nursery.
- Water dispensers which children will be able to access independently.

If you have any questions please ask any member of Apple Blossom nursery.